**NSWCCC ATHLETICS CHAMPIONSHIPS**

**PROGRAM OF TRACK EVENTS & RECORDS**

**THE NSWCCC CONVENER RESERVES THE RIGHT TO BRING EVENTS FORWARD**

**7.00am** Gates Open

**7.30am** Team Managers Meeting Grand Prix Room

**7.30am**  Athletics Committee Meeting Photo Finish Room

**7:30am** Implement Weighing Technical Room

**7.45am**  Event Officials Meeting Grand Prix Room

**8.15am** Multi Class Athletes with Team Managers Meeting Grand Prix Room

**8.30am** First event

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **TIME** | **EVENT NO** | **AGE** | **EVENT** |  | | **NSWCCC RECORD HOLDER** | **DIOCESE/ ASSOCIATION** | **RECORD** | **YEAR** |
| **8.30am** | 1 | 17+ | 1500m | Boys | | Josh Phillips | MCC | 3:57.04 | 2016 |
|  | 2 | 17+ | 1500m | Girls | | Isabella Thornton-Bott | Broken Bay | 4:45.77 | 2016 |
|  | 3 | 16 | 1500m | Boys | | Josh Phillips | MCC | 4:04.52 | 2015 |
|  | 4 | 16 | 1500m | Girls | | Brooke Simpson | Southern Sydney | 04:32.70 | 2003 |
|  | 5 | 15 | 1500m | Boys | | Josh Dever | MCC | 04:10.93 | 2012 |
|  | 6 | 15 | 1500m | Girls | | Brooke Simpson | Southern Sydney | 04:31.88 | 2002 |
|  | 7 | 14 | 1500m | Boys | | Josh Phillips | MCC | 03.26.96 | 2013 |
|  | 8 | 14 | 1500m | Girls | | Brooke Simpson | Southern Sydney | 04:40.90 | 2001 |
|  | 9 | 13 | 1500m | Boys | | Jonathon Hill | Broken Bay | 4:31.0h | 2001 |
|  | 10 | 13 | 1500m | Girls | | Rose Davies | Maitland/Newcastle | 04:50.90 | 2012 |
|  | 11 | 12 | 1500m | Boys | | Jacob Henshall | Lismore | 04:29.110 | 1999 |
|  | 12 | 12 | 1500m | Girls | | Bryden Lenne | CGSSSA | 04:59.60 | 1997 |
| **8.50am** | 13 | 17+ | 110m hurdles | Boys | | Josh Lucas | Southern Sydney | 15.28 | 2015 |
|  | 14 | 16 | 110m hurdles | Boys | | John Farrow | Broken Bay | 15.40 | 1998 |
|  | 15 | 15 | 100m hurdles | Boys | | Simon Campbell | Lismore | 13.75 | 2006 |
|  | 16 | 14 | 100m hurdles | Boys | | Leo Dulay | Parramatta | 14.27 | 2003 |
|  | 17 | 17+ | 100m hurdles | Girls | | Karina Brown | Broken Bay | 14.79 | 2016 |
|  | 18 | 16 | 100m hurdles | Girls | | Melissa Farrington | CGSSSA | 14.52 | 2011 |
|  | 19 | 15 | 90m hurdles | Girls | | Melissa Farrington | CGSSSA | 13.36 | 2010 |
|  | 20 | 14 | 90m hurdles | Girls | | Melissa Farrington | CGSSSA | 13.26 | 2009 |
|  | 21 | 13 | 90m hurdles | Boys | | Jarrod Twigg | Wollongong | 13.28 | 2012 |
|  | 22 | 13 | 80m hurdles | Girls | | Nicolette Donofrio | CGSSSA | 12.84 | 2015 |
|  | 23 | 12 | 90m hurdles | Boys | | Luke Donohue | Broken Bay | 13.75 | 2002 |
|  | 24 | 12 | 80m hurdles | Girls | | Chelsea Loughrey | Parramatta | 13.57 | 2011 |
| **10.00am** | 25 | 17+ | 200m | Boys A | | Jacob Groth | Lismore | 21.13 | 2003 |
|  |  | 17+ | 200m | Boys B | |  |  |  |  |
|  | 26 | 17+ | 200m | Girls A | | Rosemary Hayward | Broken Bay | 24.20 | 1997 |
|  |  | 17+ | 200m | Girls B | |  |  |  |  |
|  | 27 | 16 | 200m | Boys A | | Tom Jones | Lismore | 22.35 | 2003 |
|  |  | 16 | 200m | Boys B | |  |  |  |  |
|  | 28 | 16 | 200m | Girls A | | Jana Pitman | Broken Bay | 24.40 | 1998 |
|  |  | 16 | 200m | Girls B | |  |  |  |  |
|  | 29 | 15 | 200m | Boys A | | Luke Hamer | CBSA | 22.15 | 2006 |
|  |  | 15 | 200m | Boys B | |  |  |  |  |
|  | 30 | 15 | 200m | Girls A | | Jessica Thornton | CGSSSA | 25.01 | 2013 |
|  |  | 15 | 200m | Girls B | |  |  |  |  |
| **10.00am** | 31 | 14 | 200m | | Boys A | Frank Iorfino | Southern Sydney | 23.27 | 2004 |
|  |  | 14 | 200m | | Boys B |  |  |  |  |
|  | 32 | 14 | 200m | | Girls A | Laura Turner | Southern Sydney | 24.93 | 2014 |
|  |  | 14 | 200m | | Girls B |  |  |  |  |
|  | 33 | 13 | 200m | | Boys A | Christopher Gerace | Southern Sydney | 24.23 | 2014 |
|  |  | 13 | 200m | | Boys B |  |  |  |  |
|  | 34 | 13 | 200m | | Girls A | Jessica Thornton | CGSSSA | 25.69 | 2011 |
|  |  | 13 | 200m | | Girls B |  |  |  |  |
|  | 35 | 12 | 200m | | Boys A | Mitchell Heterick | MCS | 24.80 | 1997 |
|  |  | 12 | 200m | | Boys B |  |  |  |  |
|  | 36 | 12 | 200m | | Girls A | Elina Sefo | Maitland/Newcastle | 27.00 | 1998 |
|  |  | 12 | 200m | | Girls B |  |  |  |  |
|  | 37 | 12-15 | 200m Multi Class | | Boys |  |  |  |  |
|  | 38 | 12-15 | 200m Multi Class | | Girls |  |  |  |  |
|  | 39 | 16+ | 200m Multi Class | | Boys |  |  |  |  |
|  | 40 | 16+ | 200m Multi Class | | Girls |  |  |  |  |
| **11.15am** | 41 | 17+ | 800m | | Boys | Todd Wakefield | MCS | 01:54.59 | 2009 |
|  | 42 | 17+ | 800m | | Girls | Melanie Bradley | Canberra/Goulburn | 02:13.41 | 1995 |
|  | 43 | 16 | 800m | | Boys | Jordan Doris | Wollongong | 01:57.66 | 2016 |
|  | 44 | 16 | 800m | | Girls | Brooke Simpson | Southern Sydney | 02:13.49 | 2003 |
|  | 45 | 15 | 800m | | Boys | James Kaan | Parramatta | 01:58.18 | 2005 |
|  | 46 | 15 | 800m | | Girls | Brooke Simpson | Southern Sydney | 02:10.78 | 2002 |
|  | 47 | 14 | 800m | | Boys | James Connor | Wollongong | 02:00.98 | 2006 |
|  | 48 | 14 | 800m | | Girls | Brooke Simpson | Southern Sydney | 02:15.16 | 2001 |
|  | 49 | 13 | 800m | | Boys | James Connor | Wollongong | 02:07.08 | 2005 |
|  | 50 | 13 | 800m | | Girls | Ella Heeney | Armidale | 02:19.86 | 2013 |
|  | 51 | 12 | 800m | | Boys | Jacob Henshall | Lismore | 02:19.62 | 1999 |
|  | 52 | 12 | 800m | | Girls | Bryden Lenne | CGSSSA | 02:26.70 | 1997 |
|  | 53 | 12-15 | 800m Multi Class | | Boys |  |  |  |  |
|  | 54 | 12-15 | 800m Multi Class | | Girls |  |  |  |  |
|  | 55 | 16+ | 800m Multi Class | | Boys |  |  |  |  |
|  | 56 | 16+ | 800m Multi Class | | Girls |  |  |  |  |
| **12.30pm** | 57 | 17+ | 100m | | Boys A | Jacob Groth | Lismore | 10.52 | 2002/03 |
|  |  | 17+ | 100m | | Boys B |  |  |  |  |
|  | 58 | 17+ | 100m | | Girls A | Rosemary Hayward | Broken Bay | 11.40 | 1997 |
|  |  | 17+ | 100m | | Girls B |  |  |  |  |
|  | 59 | 16 | 100m | | Boys A | Jeremy Firth | Lismore | 10.90 | 1998 |
|  |  | 16 | 100m | | Boys B |  |  |  |  |
|  | 60 | 16 | 100m | | Girls A | Jana Pitman | Broken Bay | 11.90 | 1998 |
|  |  | 16 | 100m | | Girls B |  |  |  |  |
|  | 61 | 15 | 100m | | Boys A | Adrian Debrincat | MCS | 11.00 | 1997 |
|  |  | 15 | 100m | | Boys B |  |  |  |  |
|  | 62 | 15 | 100m | | Girls A | Jessica Thornton | CGSSSA | 12.15 | 2013 |
|  |  | 15 | 100m | | Girls B |  |  |  |  |
|  | 63 | 14 | 100m | | Boys A | Frank Iorfino | Southern Sydney | 11.35 | 2004 |
|  |  | 14 | 100m | | Boys B |  |  |  |  |
|  | 64 | 14 | 100m | | Girls A | Alicia Spencer | CGSSSA | 11.60 | 1997 |
|  |  | 14 | 100m | | Girls B |  |  |  |  |
|  |  |  |  | |  |  |  |  |  |
| **12.30pm** | 65 | 13 | 100m | | Boys A | Mitchell Heterick | MCS | 11.60 | 1998 |
|  |  | 13 | 100m | | Boys B |  |  |  |  |
|  | 66 | 13 | 100m | | Girls A | Sara Dougan | CGSSSA | 12.62 | 2014 |
|  |  | 13 | 100m | | Girls B |  |  |  |  |
|  | 67 | 12 | 100m | | Boys A | Mitchell Heterick | MCS | 12.10 | 1997 |
|  |  | 12 | 100m | | Boys B |  |  |  |  |
|  | 68 | 12 | 100m | | Girls A | Elina Sefo | Maitland/Newcastle | 13.00 | 1998 |
|  |  | 12 | 100m | | Girls B |  |  |  |  |
|  | 69 | 12-15 | 100m Multi Class | | Boys |  |  |  |  |
|  | 70 | 12-15 | 100m Multi Class | | Girls |  |  |  |  |
|  | 71 | 16+ | 100m Multi Class | | Boys |  |  |  |  |
|  | 72 | 16+ | 100m Multi Class | | Girls |  |  |  |  |
| **1.30pm** | 73 | 16+ | 4 x 100m Relay | | Boys |  | Lismore | 43.20 | 2003 |
|  | 74 | 16+ | 4 x 100m Relay | | Girls |  | Broken Bay | 49.90 | 2015 |
|  | 75 | 14-15 | 4 x 100m Relay | | Boys |  | MCS | 45.51 | 2002 |
|  | 76 | 14-15 | 4 x 100m Relay | | Girls |  | Wollongong | 50.00 | 2014 |
|  | 77 | 12-13 | 4 x 100m Relay | | Boys |  | MCS | 49.16 | 2002 |
|  | 78 | 12-13 | 4 x 100m Relay | | Girls |  | Wollongong | 52.10 | 2011 |
| **2.15pm** | 79 | 17+ | 400m | | Boys A | Jay Meaney | Lismore | 49.25 | 2012 |
|  |  | 17+ | 400m | | Boys B |  |  |  |  |
|  | 80 | 17+ | 400m | | Girls A | Rosemary Hayward | Broken Bay | 54.10 | 1997 |
|  |  | 17+ | 400m | | Girls B |  |  |  |  |
|  | 81 | 16 | 400m | | Boys A | Jay Meaney | Lismore | 48.98 | 2011 |
|  |  | 16 | 400m | | Boys B |  |  |  |  |
|  | 82 | 16 | 400m | | Girls A | Lara Nicod | CGSSSA | 58.47 | 2001 |
|  |  | 16 | 400m | | Girls B |  |  |  |  |
|  | 83 | 15 | 400m | | Boys A | Luke Hamer | CBSA | 51.37 | 2004 |
|  |  | 15 | 400m | | Boys B |  |  |  |  |
|  | 84 | 15 | 400m | | Girls A | Jessica Arentz | Wollongong | 58.14 | 2016 |
|  |  | 15 | 400m | | Girls B |  |  |  |  |
|  | 85 | 14 | 400m | | Boys A | Samuel Voss | Wagga Wagga | 52.11 | 2002 |
|  |  | 14 | 400m | | Boys B |  |  |  |  |
|  | 86 | 14 | 400m | | Girls A | Alicia Keir | Southern Sydney | 59.00 | 2005 |
|  |  | 14 | 400m | | Girls B |  |  |  |  |
|  | 87 | 13 | 400m | | Boys A | Matthew Harris | Maitland/Newcastle | 54.74 | 2002 |
|  |  | 13 | 400m | | Boys B |  |  |  |  |
|  | 88 | 13 | 400m | | Girls A | Natalie McDonnell | Lismore | 59.78 | 2008 |
|  |  | 13 | 400m | | Girls B |  |  |  |  |
|  | 89 | 12 | 400m | | Boys A | Pita Toamotu | MCC | 14.56 | 2011 |
|  |  | 12 | 400m | | Boys B |  |  |  |  |
|  | 90 | 12 | 400m | | Girls A | Paletina Lemi | Parramatta | 11.43 | 2008 |
|  |  | 12 | 400m | | Girls B |  |  |  |  |
| **2.45pm** | 91 | 15+ | 1500m Walk | | Boys A&B | Kyle Malone | MCS | 05:59.39 | 2009 |
|  | 92 | 15+ | 1500m Walk | | Girls A&B | Shannon Jennings | Parramatta | 06:47.31 | 2008 |
|  | 93 | 12-14 | 1500m Walk | | Boys A&B | Nathan Fazldad | MCS | 06:38.56 | 2009 |
|  | 94 | 12-14 | 1500m Walk | | Girls A&B | Shannon Jennings | Parramatta | 06:52.15 | 2005 |